Almost 20 years ago an organization started encouraging employees and employers to have a designated take your child to work day at the end of April. At some places the practice has taken hold, at other it hasn't. It's truly a novel idea and one we can utilize to work safer.

The suggestion would be to make everyday bring your child or grandchild to work day, not in body, but in mind. As you go out to work today I'd challenge you to do two things:

- Do your various tasks as if your child or grandchild was next to you and you were teaching them the correct way to do it.
- When you stop and think about the various things you do, put them in the prospective that you are telling your child or grandchild to do it the way you are.

With that in mind, I'm guessing there are some things you do on a regular basis that you would not ask your child to do. You would teach them a different way or the prescribed way rather than the way you do it.

My challenge is to keep that perspective in everything you do. Many can think they are faster, quicker, stronger, or seasoned enough to do it the unsafe way, but the facts remain that it is just a matter of time. The odds are not in your favor.

So today, go and pretend your child is working with you, see what a difference it makes in your everyday activities.